Track PnR:

Strong side and weak side

Post and guard

Screener and guard

Rebounding:

2 pts for orebs

1 pts for dreb

2 reps for each team

Ball screen defense

Ball screen offense

Screens/cuts

3 pts for a score

Talk to coach Levy about videos:

To drop into dropbox

Pomona, Cal Lu, La Verne,

Know about PP:

Which one is more dangerous in PnR? Corbyn and Rosenbaum